



Coordinated Care for the Dually Diagnosed

Quality mental health services for individuals with intellectual or developmental disorders (IDD) and mental health needs. We refer to this as dually diagnosed. Through the Connxxions program, participants gain skills that foster independence and enrich their lives.

Connxxions Program includes:

- Individual & Family Therapy
- Group activities
- Personal health skills
- Case management
- Psychiatric services
- MeridianMD—Family Medical Care
- Behavior management consultation
- 24-Hour preventative hotline



To inquire about the Connxxions program nearest you, call **866-306-2647**.

WALK-INS AND SAME DAY APPOINTMENTS!

Meridian Health Services offers easy access to care. Call your preferred office for times.

Services/programs
vary by location.



HEALTH Services

Physical. Mental. Social Well-Being.

Our Approach

Meridian Health Services has a unique approach to patient care that integrates physical, mental and social well-being to achieve “whole-person” health. This offers patients a true “medical home” where treatments, medications and doctors are coordinated seamlessly to address the full spectrum of one’s health. Integrating medical care, behavioral health and human services helps improve quality of care, outcomes, satisfaction and convenience for happier, healthier patients.



Call **866-306-2647** or visit
MeridianHS.org to learn more.



Meridian Health Services is a regional, progressive healthcare organization specializing in “whole-person” health integrating physical, mental and social well-being. The focus on a broader spectrum of health offers a well-rounded approach for happier, healthier patients.

Meridian Health Services provides:

- Primary family medical care
- Behavioral & Psychiatric Services
- Women’s Health—OB/GYN
- Pediatric Health/Urgent Care
- Dental Health—Family Dentistry
- Children and Family Programs
- Child Advocacy Center for children affected by abuse
- Home, community and school-based services
- School Clinics—Medical/Behavioral
- Therapeutic foster care and adoption
- Addiction and Recovery Services
- Residential Treatment Centers
- Maternal Treatment Program
- Women’s Recovery Home
- Homelessness and independent living support
- Programs for individuals with intellectual or developmental disorders and mental health needs
- Case management, skill building and supported employment
- HIV Non-Medical Case Management

Meridian Health Services locations:

Muncie – Main Office	240 N. Tillotson Ave.	765-288-1928
Muncie - Annex	130 N. Tillotson Ave.	765-254-5356
Alexandria	101 N. Harrison St.	765-442-0570
Anderson	1547 Ohio Ave.	765-641-7499
Anderson	2010 Brentwood Dr.	765-393-0063
Bluffton	303 S. Main St.	260-919-3452
Connersville	707 W. 3rd St.	765-827-1164
Elwood	1518 Main St.	765-552-0841
Fort Wayne	4646 W. Jefferson Blvd.	260-436-0932
Indianapolis	2506 Willowbrook Pkwy.	317-803-2270
Kokomo	424 E. Southway Blvd.	765-865-8914
Lafayette	1500 Salem St.	765-250-9212
Marion	323 E. 2nd St.	765-573-5567
Michigan City	422 Franklin St.	219-688-1455
Mishawaka	1818 Went Ave.	574-254-0229
New Castle	930 N. 14th St.	765-521-2450
Portland	931 W. Water St.	260-726-9348
Richmond	520 S. 9th St.	765-935-5390
Richmond	2300 Chester Blvd.	765-983-2220
Rushville	509 Conrad Harcourt Way	765-932-3699
Winchester	730 W. Washington St.	765-584-7820

SPECIALTY CENTERS:

**Meridian Addictions
& Recovery Center**
Richmond
498 N.W. 18th St., Bldg 417
765-373-8704

West Lafayette
2900 N. River Rd.
765-337-8855

**Suzanne Gresham Center
Children & Family Programs**
Muncie
3620 W. White River Blvd.
765-288-1928

Women’s Health
Muncie
100 N. Tillotson Ave.
765-286-2000

Anderson
1547 Ohio Ave.
765-641-7499

Women’s Recovery Home
Muncie
1101 N. Wheeling Ave.
866-306-2647

**Meridian Health Pediatrics
& Dental**
Muncie
205 N. Tillotson Ave.
765-291-5437

Anderson
1547 Ohio Ave.
765-641-7499

Meridian School Clinic
Southside Middle School
1601 E. 26th St.
765-281-3781

**Meridian Health
Pediatrics**
Bluffton
303 S. Main St.
260-919-3300

MeridianMD & Dental
Anderson
1547 Ohio Ave.
765-641-7499

Elwood
1518 Main St.
765-552-3488

Richmond
520 S. 9th St.
765-935-5390

MeridianMD
Primary Medical Care
Alexandria
101 N. Harrison St.
765-442-0570

Bluffton
Internal Medicine
303 S. Main St.
260-888-2101

Connersville
707 W. 3rd St.
765-827-1164

Dunkirk
Family Medical Care
1150 S. Main St.
765-768-3188

Muncie
100 N. Tillotson Ave.
765-288-8770

New Castle
930 N. 14th St.
765-521-2450

Portland
Convenience Care
500 W. Votaw St.
260-726-4350

Richmond
2300 Chester Blvd.
765-939-2395

Rushville
509 Conrad Harcourt Way
765-932-3699

MeridianHS.org

ADULT SERVICES

INSPIRING LIVES,
IMPROVING HEALTH



Physical. Mental. Social Well-Being.

Primary Medical Care-MeridianMD



Meridian Health offers primary medical care for people of all ages including medical exams, wellness assessments, illness visits and disease management. The integration of medical and behavioral

healthcare offers individuals a seamless approach to treating the body and mind for total well-being. MeridianMD also offers the specialty of Internal Medicine for adults at several of our clinics.

MeridianMD offers:

- Routine medical care
- Treatment of chronic medical conditions
- Illness visits and minor injuries
- Diabetes screening and disease management
- Wellness assessments
 - ♦ Blood pressure, cholesterol, weight management, nutrition, vaccines, health coaching
- Behavioral and Social Health

Dental Health

Family dental services are provided by our team of board-certified professionals who strive to make your dental experience as relaxing and comfortable as possible.



Our dental services include:

- Preventative care
- Periodontal care
- Oral surgery
- Restorative care
- Emergency care
- Prosthetic care



Women's Health

Meridian Women's Health provides specialized obstetric and gynecology services for any stage of a woman's life.

Individualized care for each patient includes important connections to additional services, if needed, like primary medical care, behavioral health and social services.

We specialize in:

- Comprehensive pregnancy care
- High risk obstetrics
- Detailed and 3D ultrasounds
- Infertility counseling and treatment
- Gynecological disease
- Contraceptive counseling



Outpatient Counseling & Therapy

Meridian Health Services offers professional counseling by licensed clinical social workers, mental health counselors and family therapists. We work with individuals, couples, and families struggling with depression, anxiety, stress, adjustment problems, and other life challenges. We are committed to providing individual, person-centered attention to help individuals and families achieve mental, physical and social well-being.



Addictions Treatment

Individuals experiencing substance use disorders associated with addiction can find treatment and support at Meridian.

Depending on the severity of need, a number of treatment options are available:

- Addictions & Recovery Center (ARC)
- Intensive Outpatient Program (IOP)
- Maternal Treatment Program (MTP)
- Women's Recovery Home
- Detoxification
- Support groups and aftercare services



Care Coordination

Individuals work with trained professionals who become helpers, service brokers and advocates to help families and clients navigate the system to meet their needs and receive appropriate services. Case Management Services are also extended to persons who are homeless or about to be homeless and are mentally ill. These occur through homeless outreach and Drop-In Center programs.



Community Support Program

Adults with a severe and persistent mental illness face particular challenges and barriers to achieving recovery, wellness and self-reliance in everyday living. Meridian Health Services offers an array of treatment options to help people manage their illness to become more independent and thrive in their community.

Intensive Community Treatment

A multi-disciplinary, team-based treatment program that provides intensive services directly to individuals in their home and community. This program is designed to prevent hospitalization, incarceration



and homelessness of persons with a severe and persistent mental illness, who may otherwise not make use of traditional mental health services. The multidisciplinary team includes a psychiatrist, registered nurse, care managers, vocational specialist and addictions specialist.

Psychiatric Evaluations

Identifying behavioral health issues is an important step to achieving overall wellness. The psychiatrists and clinical nurse practitioners at

Meridian provide comprehensive psychiatric evaluations and medication management to adults experiencing symptoms of depression, anxiety and other mental health conditions.



Supported Employment

With the assistance of an employment specialist, adults can acquire the skills necessary to gain and maintain employment in the community. Working in partnership with Indiana Vocational Rehabilitation Services, the employment specialist links employers with qualified job seekers and provides ongoing job coaching and support in the work place.

HIV Non-Medical Case Management

HIV Non-Medical Case Management (NMCM) is a specialized form of case management that assists those living with HIV in gaining access to health and social services. Our comprehensive program promotes overall well-being for the individual.