

# CONNXXIONS

Coordinated Care for the Dually Diagnosed

Meridian Health Services' Connxxions Program is specifically designed to address the unique challenges of individuals with intellectual and mental health needs.

## Services include:

- Individual and family therapy
- Group activities
- Personal health skills
- Case management
- Psychiatric services
- MeridianMD—Family Medical Care
- Behavior management consultation
- 24-Hour preventative hotline

Services may vary by location.

To inquire about the Connxxions program nearest you, please call 866-306-2647.



Connxxions services compliment existing waiver supports, they are funded through Medicaid Rehabilitation Options (MRO) and do not impact Medicaid Waiver Funds.



Meridian Health Services is a regional, progressive healthcare organization specializing in “whole-person” health integrating physical, mental and social well-being. The focus on a broader spectrum of health offers a well-rounded approach for happier, healthier patients.

## Meridian Health Services provides:

- Primary family medical care
- Behavioral & Psychiatric Services
- Women's Health—OB/GYN
- Pediatric Health/Urgent Care
- Dental Health—Family Dentistry
- Children and Family Programs
- Child Advocacy Center for children affected by abuse
- Home, community and school-based services
- School Clinics—Medical/Behavioral
- Therapeutic foster care and adoption
- Addiction and Recovery Services
- Residential Treatment Centers
- Maternal Treatment Programs
- Men's & Women's Recovery Homes
- Homelessness and independent living support
- Programs for individuals with intellectual or developmental disorders and mental health needs
- Case management, skill building and supported employment
- HIV Non-Medical Case Management

## Meridian Health Services locations:

<b>Muncie – Main Office</b>	240 N. Tillotson Ave.	<b>765-288-1928</b>
<b>Muncie – Annex</b>	130 N. Tillotson Ave.	<b>765-254-5356</b>
<b>Alexandria</b>	101 N. Harrison St.	<b>765-442-0570</b>
<b>Anderson</b>	1547 Ohio Ave.	<b>765-641-7499</b>
<b>Anderson</b>	2010 Brentwood Dr.	<b>765-393-0063</b>
<b>Bluffton</b>	303 S. Main St.	<b>260-919-3452</b>
<b>Connersville</b>	707 W. 3rd St.	<b>765-827-1164</b>
<b>Fort Wayne</b>	4646 W. Jefferson Blvd.	<b>260-436-0932</b>
<b>Indianapolis</b>	4755 Kingsway Dr., Ste 105	<b>317-803-2270</b>
<b>Kokomo</b>	424 E. Southway Blvd.	<b>765-865-8914</b>
<b>Lafayette</b>	1500 Salem St.	<b>765-250-9212</b>
<b>Marion</b>	323 E. 2nd St.	<b>765-573-5567</b>
<b>Michigan City</b>	422 Franklin St., Ste F	<b>219-688-1455</b>
<b>Mishawaka</b>	1818 Went Ave.	<b>574-254-0229</b>
<b>New Castle</b>	930 N. 14th St.	<b>765-521-2450</b>
<b>Portland</b>	931 W. Water St.	<b>260-726-9348</b>
<b>Richmond</b>	520 S. 9th St.	<b>765-935-5390</b>
<b>Richmond</b>	2300 Chester Blvd.	<b>765-983-2220</b>
<b>Rushville</b>	509 Conrad Harcourt Way	<b>765-932-3699</b>
<b>Winchester</b>	730 W. Washington St.	<b>765-584-7820</b>

## SPECIALTY CENTERS:

### Meridian Addictions & Recovery Centers

**Richmond**  
498 N.W. 18th St., Bldg 417  
765-373-8704

**West Lafayette**  
2900 N. River Rd.  
765-337-8855

**Lafayette**  
**Home With Hope**  
1119 Ferry St.  
765-807-0009

**Suzanne Gresham Center**  
Children & Family Programs  
**Muncie**  
3620 W. White River Blvd.  
765-288-1928

**Women's Health**  
**Muncie**  
100 N. Tillotson Ave.  
765-286-2000

**Anderson**  
1547 Ohio Ave.  
765-641-7499

**Women's Recovery Homes**  
**Muncie**  
1101 N. Wheeling Ave.  
866-306-2647

**Lafayette**  
920 N. 11th St.  
765-742-3246

**Meridian Health**  
**Pediatrics & Dental**  
**Muncie**  
205 N. Tillotson Ave.  
765-291-5437

**Anderson**  
1547 Ohio Ave.  
765-641-7499

**Richmond**  
520 S. 9th St.  
765-935-5390

**Meridian School Clinic**  
Southside Middle School  
1601 E. 26th St.  
765-281-3781

**Meridian Health**  
**Pediatrics**  
**Bluffton**  
303 S. Main St.  
260-888-2102

**MeridianMD & Dental**  
**Anderson**  
1547 Ohio Ave.  
765-641-7499

**Meridian Dental**  
**Elwood**  
1518 Main St.  
765-552-3488

**MeridianMD**  
**Bluffton**  
Internal Medicine  
303 S. Main St.  
260-888-2101

**Connersville**  
707 W. 3rd St.  
765-827-1164

**Dunkirk**  
Family Medical Care  
1150 S. Main St.  
765-768-3188

**Muncie**  
100 N. Tillotson Ave.  
765-288-8770

**New Castle**  
930 N. 14th St.  
765-521-2450

**Portland**  
Convenience Care  
500 W. Votaw St.  
260-726-4350

**Richmond**  
2300 Chester Blvd.  
765-939-2395

**Richmond**  
520 S. 9th St.  
765-935-5390

**Rushville**  
509 Conrad Harcourt Way  
765-932-3699

# CONNXXIONS

FOR PERSONS WITH INTELLECTUAL OR DEVELOPMENTAL DISORDERS AND MENTAL HEALTH NEEDS



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## Connxxions Program Highlights

The mission of the Connxxions Program is to provide quality "whole-person" health services to individuals with intellectual or developmental disorders (IDD) and mental health needs. We refer to this as dually diagnosed. Through the Connxxions Program, participants gain skills that foster independence and enrich their lives.

Connxxions focuses on developing an individual's ability to recognize when health issues are occurring or are about to occur. This allows the individual to have a better understanding of how their health and well-being are connected.

Improving communication and learning through experiences are also key features of the program.

Connxxions works with the individual's caregivers and family members to learn the best ways to help their loved one. Our services are provided multiple times a week through our behavioral clinicians. We also work alongside other providers such as waiver case managers and behavioral consultants to help assure all needs are being met.

## Connxxions Program Components



### Individual and Family Therapy

Evaluates needs and helps an individual learn to improve their physical, mental and social health.

### Group Activities

Develops interpersonal skills, problem-solving, and peer pressure management and health promotion skills.

### Personal Health Skills

Encourages the establishment of positive health skills and habits within the home and community. We call this skill building and it is accomplished through work with a behavioral health clinician.

### Case Management

Linking individuals to community resources and coordinating care for those with intellectual and mental health challenges.

### Psychiatric Services

Assists individuals in improving functionality in their environments while learning more preventative skills.

### MeridianMD

Offers primary family medical care services for children and adults.

### 24-Hour Preventative Hotline

Our current clientele can access our 24-hour prevention hotline when they are experiencing a behavioral or psychiatric emergency and need immediate support.

## Connxxions Program Success Story

Rose had been diagnosed with borderline intellectual functioning, severe depression, and borderline personality disorder. She suffered abuse and trauma in her past and had difficulty maintaining appropriate relationships, while often becoming verbally aggressive toward friends and family. She was hospitalized frequently and bounced from address to address. Rose had gone through multiple agencies in multiple states, trying to get help to become more in control of her emotions and her life.

Rose came to Meridian Health Services and became part of the Connxxions Program. She began learning what her triggers were for her aggressive outbursts. She learned to understand the role that her past trauma continued to play in her life and what steps she could take to overcome those triggers and provide herself with what she needed in positive ways.

Through Connxxions, Rose learned to recognize her symptoms of depression and utilize her new, learned coping skills to prevent them from taking over her life. She successfully maintained her residence, living independently in the same apartment for years for the first time in her adult life. Rose made and maintained friendships, became involved in her community, and became an advocate for children suffering from trauma.



The NADD accreditation is awarded to programs that utilize internationally recognized best practices for serving those with IDD and mental health issues. It is about recognizing those programs that are intent on constantly improving the effectiveness of services in helping individuals attain their goals and the best quality of life possible.



Along with our program accreditation, many of our staff are also individually certified through NADD. This certification affirms that our staff meet the standards set by NADD for providing quality services to individuals with IDD and mental health challenges.